

SACRED HEART CATHOLIC CHURCH
Kabega Park, Port Elizabeth
1961-2021
Welcoming, inclusive, united family!
PARISH DIAMOND JUBILEE YEAR



Priest in Charge: Fr Lubabalo Mguda
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THE FIRST SUNDAY OF LENT – YEAR A – 26 FEBRUARY 2023 (Second Collection)

The three temptations of Jesus in the desert/wilderness remind us that Lent is a time to move away from our self-centredness. The hunger for bread can be understood as the hunger for material things. We are supposed to be hungry primarily for God. This thirst for religious and spiritual fulfilment in the second temptation must be based on faith in God not our ego. The third temptation is about power and its proper use for good of others. Lent is a time to look at our motives and purify them.

Time	Day	Liturgical Day	Readings	MASS INTENTIONS
17h00	Saturday 25 February	VIGIL MASS – 1ST SUNDAY OF LENT	Genesis 2:7-9,3:1-7; Psalm 51:3-6,12-14,17; Romans 5:12-19; Matthew 4:1-11	Special Intentions – Adams & Jones Families
08h00	Sunday 26 February	HOLY MASS – 1ST SUNDAY OF LENT	Genesis 2:7-9,3:1-7; Psalm 51:3-6,12-14,17; Romans 5:12-19; Matthew 4:1-11	Rest of the Soul of - Ralph Williams
10h30	Sunday 26 February	HOLY MASS – 1ST SUNDAY OF LENT	Genesis 2:7-9,3:1-7; Psalm 51:3-6,12-14,17; Romans 5:12-19; Matthew 4:1-11	
18h30	Tuesday 28 February	Holy Mass – Liturgy of the Day	Isaiah 55: 10 -11; Psalm 34:4- 7,16-19; Matthew 6: 7-15	
06H00	Wednesday 01 March	Holy Mass – Liturgy of the Day	Jonas 3: 1 – 10; Psalm 51; 3 – 4, 12 –13, 18-19; Luke 11:29 –32	
08h30	Thursday 02 March	Holy Mass – Liturgy of the Day	Esther 14: 1, 3 –4,11, 13-14; Psalm 138:1 – 3, 7-8; Matthew 7:7-12	Thanksgiving – Brenda Harris Birthday
08h30	Friday 03 March	Holy Mass – Liturgy of the Day	Ezekiel 18:21 –28; Psalm 130:1 – 8; Matthew 5:20-26	
17h00	Saturday 04 March	VIGIL MASS –2nd SUNDAY OF LENT	Genesis 12:1-4; Psalm 33:4-5,18-20,22; 2 Timothy 1:8-10; Matthew 17:1-9	
08h00	Sunday 05 March	HOLY MASS -2nd SUNDAY OF LENT	Genesis 12:1-4; Psalm 33:4-5,18-20,22; 2 Timothy 1:8-10; Matthew 17:1-9	Thanksgiving - Kayla Scholtz Birthday Thanksgiving- Cedric&Bernie Blygnaut 46 th Wedding Anniversary

UPCOMING PARISH LITURGICAL EVENTS

RITE OF ELECTION – 26 February 2023 @ 3pm St Augustine’s Cathedral

TUESDAY EVENING WITH ADORATION, ROSARY, AND BENEDICTION FROM 17H30 TO 18H30 Led by Altar Servers

THURSDAY ADORATION OF THE BLESSED SACRAMENT, ROSARY AND BENEDICTION @ 09H00

STATIONS OF THE CROSS ON FRIDAYS OF LENT @ 18H30 24 FEBRUARY 2023 Led by Proclaimers

**MONDAY LENTEN HOUSE MASSES - SMALL CHRISTIAN COMMUNITIES: 27 February at 18h00 - 19h00, 5 Mimes Road, Lorraine
6 March at 18h00 – 19h00 ,50 Benfluer Avenue , Beverley Grove.**

HOSPITALITY: WELCOMING AND INCLUSIVE PARISH

SIGN UP FOR MINISTRIES: should you require info about the various ministries in the parish, and would like to still offer your assistance, please visit our website www.sacredheartkabega.co.za. There is currently a great need for the different Ministries.

NEW PARISHIONERS: Please Contact the Parish Office in order to be a registered parishioner who receives an e-Newsletter.

KUYGA MASS: Those who would like to be part of the organising committee for the next mass in Kuyga to contact the office.

SACRAMENTS

INFANT BAPTISMS: Contact the Parish Office for details.

SACRAMENT OF MARRIAGE: REGISTRATION FOR MARRIAGE PREPARATIONS: Contact the Parish Office for details. Please be advised that registration for classes should take place at least **6 months** before the wedding.

SACRAMENT OF PENANCE AND RECONCILIATION: Every Saturday @ 16h30; On Tuesday Evenings of Lent from 17H45 – 18H25; On Thursday Mornings of Lent from 09H15 – 09H45; On Fridays of Lent from 18h30 – 19h30 during the Stations of the Cross. **LENTEN RECONCILIATION SERVICE ON WEDNESDAY 29 MARCH 2023 @ 18H30**

PRAYER AND DEVOTIONAL LIFE OF THE COMMUNITY

MARRIAGE AND FAMILY LIFE PRAYER CORNER: LECTIO DIVINA (HOLY READING OF SCRIPTURE) – (READ, MEDITATE, PRAY, CONTEMPLATE AND ACT) WE CAN USE THIS ANCIENT WAY OF PRAYER THIS WEEK ON **MATTHEW 17: 1 - 9**

BIBLE STUDY: WEDNESDAY @ 18h30 in the Religious Centre (Small Hall)

PARISH EVANGELISATION: All those who are interested in preaching the Risen Christ in our Parish please contact the Office.

SACBC LENTEN REFLECTIONS 2023 will be emailed before the First Sunday of Lent and will require the Family and or a Small Christian Community, that is neighbouring families in the area to gather once a week to reflect on the meaning of Lent with the challenges that our country is facing like corruption and the scourge of woman and child abuse)

LENTEN MATTERS OF THE HEART: will be emailed weekly.

REPOSITORY: Open on Saturday Evenings and Sunday Mornings. Please make use of this special service that enhances our devotional life as Catholics. Liturgical Calendars and Diaries are available. Christian Books and Small statues and everything else can be sourced by the Mr Frank Scholtz.

THE SOUTHERN CROSS MONTHLY MAGAZINE: South Africa's weekly newspaper has been re-launched as a monthly magazine, for only R30 per copy. It is available at the Parish on request, or via direct subscription

<https://www.digital.scross.co.za/subscribe>.

MINISTRIES AND SODALITIES

SACRED HEART OUTREACH MINISTRIES: Saturday Soup Kitchen:

- **Group 3 will be distributing soup on Saturday, 25 February 2023, at 08:00am, in aid of the unemployed.**
- **Group 4 will be distributing soup next Saturday, 04 March 2023, at 08:00am, in aid of the unemployed**

St Vincent de Paul Society • Please collect all your Blue-Ribbon bread bags and place them in the box in the foyer.

FOOD PANTRY: SVDP is making an appeal for these donations; suggested items for this week. These Items Macaroni, Pilchards, Milk Powder, Salt/Spices, Soya Mince, Tinned Beans and Drink O'Pop can be placed in the trolley in the foyer – to assist the relief efforts for the poor in our community. For monetary donations, contact the Parish Office for banking details.

CHURCH MEDIA: Anyone interested in joining the Church Media Team? We are looking for photographers, videographers (with your OWN equipment), livestreamers or projectionists. Please contact Clayton Noah on 082 401 8030 for more info.

YOUTH: will be held on the 3rd March 2023 after stations.

UPCOMING PARISH/DEANERY EVENTS

Retrouvaille Weekend: Retrouvaille is a marriage help programme that gives couples the opportunity to take time out, to get away, and examine their lives together in a real and realistic way. For confidential information about Retrouvaille, or to register for the next weekend which will take place in **Port Elizabeth from the 24th – 26th March 2023**, visit the web site at <https://www.helpourmarriage.org/> or phone 072 783 6785 we will help you.

The Dementia Support Group Meeting: The support group for family members of persons with Dementia /Alzheimer's will meet in the small hall at Sacred Heart Parish on Monday 27th February 10h00. New members are always welcome. For further information contact Kaye on 083 299 1842

STEWARDSHIP

WEEKLY COLLECTIONS AND MONTHLY PLEDGE: The Church of the Sacred Heart is grateful to all the parishioners who continue their financial support of the parish through their monthly pledge, either via EFT or the envelope system and weekly offering of the first and second collection. The Church expects all parishioners who are employed or have a regular income to pay their pledge every month of at least 2% of their income and, if they are not already doing so, to register and request a pledge number through the Parish Office. You can make use of the "smart option" – Electronic Transfer/EFT of weekly collections directly into the Parish Bank Account – use your name and "virtual collection"/pledge number as a reference. The Banking Details, for this purpose, are as follows – **Standard Bank: Sacred Heart Catholic Church; Account Number: 080389007; Branch: Port Elizabeth; Branch Code: 050-017.**

FOR THE SICK AND HOUSEBOUND:

Leigh Ah Shene, Sally Botha, Natalie Bray, Valerie Brown, Gerald Burger, Deanna Dickson, Pat Douglas, Patrick Dwyer, Sylvia Dyson, Roland Edgar, Shirleen Grobbelaar, Gladys Harper, Graham & Thora Hempel, Lydia Hendricks, James Henderson, Eden Kempthorne, Jocelyn Keun, Lucia Leander, Ann Lentz, Isobel Lloyd, Stuart Mandy, Leo Smithies, Gerald Spence, Timothy Teulon, Joe & Thelma Trow, Annie Maria Van Rooyen, Joyce Weimers.